

**VOLLEYBALL**  
**Team Volleyball**

**QUALIFYING RULES**

1. All first-, second- and third-place winners at a 2022 NSGA qualifying games will qualify for the 2023 National Senior Games.

**ENTRY REGULATIONS**

1. Teams must be of one gender.
2. Team roster shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel. Roster changes shall be allowed only as permitted under Rule F.
3. Teams are no longer limited to the number of out-of-state players on their rosters; however, roster changes shall be allowed only as permitted under Rule F. It is the captain's responsibility to declare team residency subject to NSGA approval, at the time of registration.
4. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel.
5. At the National Senior Games athletes may compete on up to two teams per sport providing that the teams are in different age divisions that are scheduled to play in completely separate sessions.
6. Age divisions for all team competition will be determined by the age of the youngest team member as of December 31, 2023.

**FORMAT**

1. Tournament format will include preliminary round robin pool play leading to an elimination bracket championship final. A championship final flight system maximum of three skill divisions based on number of teams in each division and pool play results will be utilized. The following divisions may be used, Division I – (highest level), Division II - and Division III. The final playoff format will be determined at the discretion of the NSGA.
2. Every effort will be made to provide teams a minimum of 6 matches.
3. All competition will be the best of 3 set matches.
4. First through fourth place awards will be presented within each Flight and Division.
5. Teams will be required to provide line judges and scorekeepers during competition.
6. Net height shall be in accordance with USA Volleyball rules.
7. Default during competition Rule Q will be strictly enforced.
8. Awards will be presented for 1<sup>st</sup> through 4<sup>th</sup> place within each age/skill division.

**SPORT RULES**

1. All matches will be conducted in accordance with USA Volleyball rules, except as modified herein. For a copy of these rules, please write or call:

USA Volleyball  
4065 Sinton Road  
Colorado Springs, CO 80910  
(719) 228-6800  
[www.usavolleyball.org](http://www.usavolleyball.org)

2. Team clothing should be of like design and color. The player's jerseys must be numbered in a permanent manner from 1 to 99 using Arabic numerals. Duplicate numbers are not allowed. The numbers must be placed on the jersey at the center of the front and of the back. Minimum 4 inches on the chest and minimum 6 inches on the back. Sponsors may be added to the jersey but cannot interfere with number placement. Uniforms shall be free of inappropriate symbols or wording.
3. A team must have at least five players present to start a game; otherwise, the game is forfeited. Teams will be allowed a five-minute grace period to assemble a minimum of five players. The sixth player may enter upon arrival. In the event of injury, a team may continue/finish with a minimum of four players on the floor.
4. Teams competing with only five players shall always have three players on the front row. No service rotation penalty shall be assessed for not having six players.
5. To win the match, a team must win two out of three games.
6. In pool play, USA Volleyball rules governing tie-breakers will be used.  
Two Libero's are permitted and may be changed from set to set and not have to be designated for their match.