

2024 Connecticut Masters Time Trial and Criterium

Presented In Association with Northeast Masters Cycling Association USA Cycling Permit # 2024-9186 Date: Sunday June 30, 2024 Rain or Shine



<u>Time Trial events are Pre-Registration only:</u>

Online registration at https://www.bikereg.com/ (BikeReg.com standard service fee will be applied). Pre-registration closes 5:00 PM Thursday, June 27, 2024 **Register Early and Save!! There is a \$5 discount for online entries**

received by Midnight June 16, 2024

This year's event is a qualifying event for the 2025 National Senior Games in Des Moines, Iowa, July 24-August 4, 2025 For details about the National Games, and how to qualify, all the documentation can be found on their website:

https://NSGA.COM/

No race-day entries for the Time Trial are allowed. Day-of registration will be available for the criterium, with an additional \$10 day-of fee. Number pick-up opens at 8:00 AM. The event is open to competitors from all states. **Location:** Walnut Hill Park, New Britain, CT

Entry Fees:

Time Trials: \$30.00 for **BOTH** Time Trials for all age groups. Start times for both TT's are assigned, but riders can choose to only do the 5K or the 10K. Total TT registration limited to 90 riders.

For all criterium fields: \$15 if combined with TT registration, \$35 if entering criterium only. Any additional criterium event is \$10

Connecticut State Games medals are awarded for the first three places outright for each discipline and age group, regardless of residence state.

5K Time Trial (3 laps) First rider starts at 9:00 AM

other riders follow at 30 second intervals. Rider start order goes from youngest to oldest rider, regardless of gender. Categories are:

- Women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+
 - Men 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+

10K Time Trial (6 laps) First rider starts at 10:15 AM

other riders follow at 30 second intervals. Rider start order goes from youngest to oldest rider, regardless of gender.

Start times for both time trials will be posted on June 28, 2024 by 5 PM at www.northeastmasters.com

Combined start for 20K or 40K Criteriums

Riders should indicate at the start of each race that they will be doing a 20K race, all other riders are racing 40K

The two races will be run concurrently with the 20K race finishing at the end of the 12th lap, the 40K race finishing at the end of the 24th lap.

20K results will only be recorded for riders doing the 20K.

Free lap rule applies until five laps to go for the 40K. Repair pit: There will be a pit area for wheels. Wheels must be labeled with rider number.

Age-specific Category	Start Time*	Distance	<u>Field Limit</u>
Women 40+ (CAT1-4, Novice)	12:00 PM	20K or 40K	37
Men 65+ (CAT1-4, Novice)	12:01 PM	20K or 40K	37
Men 40 to 59 Novice (Cat 5)	1:10 PM	20K or 40K	25
Men 60+ (CAT1-4, Novice)	1:11 PM	20K or 40K	35
Men 50+ (Cat 1-4)	2:20 PM	20K or 40K	75
Men 40+ (Cat 1-4)	3:30 PM	20K or 40K	75

All USA Cycling rules apply. US DOT or US CPSC approved helmets required. TT bikes or aero bars are

allowed for the Time Trials ONLY. Must have a USAC mass-start legal road bicycle for the criteriums

USA Cycling Race license required. Annual Race license available online at USA Cycling, or One-day licenses may be purchased during BikeReg registration or onsite for \$15 and are valid for a single day of racing. On-site One-day licenses may only be purchased by Novice (Category 5) Men and Women, for use

in races open to those categories.

Race information:

Mitch Favreau - 860-917-5006 : president@northeastmasters.com Peter Swain : <u>860-788-7041</u> : peter@csmg.org